



LYMPHOMA CANADA

KEY FINDINGS FROM THE 2020 CANADIAN LYMPHOMA REPORT CARD

Canadian Caregivers

Results from the 2020 Lymphoma Coalition, Canadian Lymphoma Patient and Caregiver Survey.

To view the full report card, please visit the Lymphoma Canada website at www.lymphoma.ca.

Toll Free: 1-866-659-5556

Charitable Registration Number: 87346 1040 RR0001

	SUPPORT FOR PATIENT	IMPACT TO CAREGIVER												
INFORMATION & CARE DECISIONS	<p>53% Of caregivers and patients work together to obtain relevant information.</p> <p>32% Of caregivers obtain information alone and relay it to the patient.</p>	<p>The majority of caregivers feel supported, informed, and recognized in their role by the patient's healthcare team.</p> <p>I have been satisfied with information given by healthcare providers.</p> <ul style="list-style-type: none"> 56% Yes, definitely 42% Yes, to some extent 2% No <p>I have felt assisted, supported and understood by healthcare staff.</p> <ul style="list-style-type: none"> 59% Yes, definitely 33% Yes, to some extent 8% No <p>However, there is a portion of caregivers that do not feel their role as a caregiver is recognized.</p> <p>16%</p>												
TIME INVOLVED & IMPACTS	<p>Caregivers have been providing support and care for their loved ones for:</p> <ul style="list-style-type: none"> 82% >1 year 38% >5 years 14% >10 years 	<p>Caregivers identified issues that most affected them within the last 12 months from sometimes to always.</p> <ul style="list-style-type: none"> 89% Worried/Anxious 71% Emotionally tired/worn-out 68% Putting the needs of the patient above their own 66% Sad/Depressed 64% Difficulty Sleeping 												
TYPE OF SUPPORT/IMPACTS	<p>Types of support provided by caregiver to patient:</p> <ul style="list-style-type: none"> >94% Caregivers provide emotional support and accompany the patient to appointments. 89% Caregivers look for more information for the patient. 62-67% Caregivers provide transport for the patient and talk to health professionals on the patients behalf, as well as assist the patient by performing household chores and running errands. 	<p>62% Of caregivers found it most difficult to provide emotional support for the lymphoma patient in their care.</p> <p>Major Impacts to Caregivers</p> <table border="1"> <thead> <tr> <th>Financial Impacts</th> <th>Emotional Impacts</th> <th>Physical Impacts</th> <th>Social Impacts</th> </tr> </thead> <tbody> <tr> <td>Financial hardship due to reduced work hours 74% 26%</td> <td>Upset that life will not go as planned 43% 57%</td> <td>Physically tired/worn-out 37% 63%</td> <td>Always put the needs of the patient above my own 32% 68%</td> </tr> <tr> <td>Time off work to care for patient 65% 35%</td> <td>Fear that the patient will relapse 14% 86%</td> <td>Sleeping Difficulties 36% 64%</td> <td></td> </tr> </tbody> </table> <p>Rarely - Never (Dark Purple) Sometimes - Always (Light Purple)</p>	Financial Impacts	Emotional Impacts	Physical Impacts	Social Impacts	Financial hardship due to reduced work hours 74% 26%	Upset that life will not go as planned 43% 57%	Physically tired/worn-out 37% 63%	Always put the needs of the patient above my own 32% 68%	Time off work to care for patient 65% 35%	Fear that the patient will relapse 14% 86%	Sleeping Difficulties 36% 64%	
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CAREGIVER QUOTES	<p><i>We go together to every medical appointment each of us has, eye examinations, oncologist, nephrologist, endocrinologist ... two pairs of ears are better than one. And sometimes, when it is something serious, one of our children comes along to write a report to the siblings.</i></p>	<p><i>I am very blessed and pleased with the support we receive from the health care community. They lift our spirits and the knowledge they have provides a reassurance for us both as we continue with the treatments provided by a drug trial.</i></p>												